

# uMNGENI MUNICIPALITY



## Public Notice

**To : uMngeni Community**  
**From : Acting Municipal Manager**  
**Date : 14 August 2015**  
**Re : Mandela Day Marathon Notice**

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The Mandela Day Marathon which will commence at Manaye Hall in Imbali Township will be finishing at the Mandela Capture site in Howick.

There are Pre-Marathon Races which will take place on the 29<sup>th</sup> August 2015. Please see attached information on Road Closures which will effect municipal wards and Race information

Kind Regards

A handwritten signature in black ink, appearing to read 'S. Simons', is written over a horizontal dashed line.

**ACTING MUNICIPAL MANAGER**



## uMNGENI MUNICIPALITY

Race Category	Start Time	Start Line	Date
Youth Run/Grannies	11:30am	Midmar Dam	29 August 2015
Tri-Athlon	14:00pm	Midmar Dam	29 August 2015
10 Km Mountain Biking	8:30am	-	29 August 2015
42 Km Mountain Biking		To be confirmed	29 August 2015
VIP Race	6:30am	Midmar Dam	30 August 2015
10 Km Race	6:30am	Howick West Indoor	30 August 2015
21.1 Km Race	6:45am	Hilton (Halfway Mark, Hillary Road)	30 August 2015
42.2Km Race	7:00am	Manaye Hall (Imbali)	30 August 2015

### ROAD CLOSURES

Road	Date	Time
Old Main Road	30 August 2015	6:15am to 11:15am
Crossways Hotel Road	30 August 2015	6:20am to 12:00pm
Berg view Road	30 August 2015	6:15am to 11:15am
R103 Boston Road	30 August 2015	6:45am to 12:15pm
<i>All roads will be open at 13:30pm</i>		

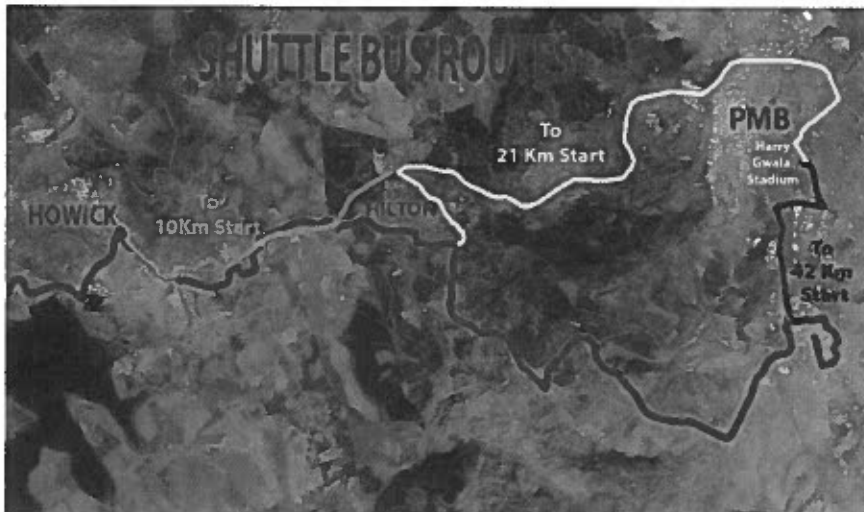
## **Mandela Day Marathon - Final Instructions:**

1. **IMPORTANT:** Runners must ensure they have read the final instruction sheet
2. **Foreign Runners:** All International runners must comply with IAAF rule 4.2 and 142, and ASA rule 4.
  1. **Age category tags:**
    - a. All runners must wear age category tags as per ASA and KZNA race rules. .
    - b. All age group prize winners must be able to produce proof of age in order to be eligible for the award.
  2. **Race numbers and ChampionChip Timing:**
    - a. Race number must be worn on the upper body garment. Use four pins to attach the number.
    - b. Your temporary or provincial license number must be worn on the back of your upper body garment
    - c. All 21km and 42km runners must have a ChampionChip Your ChampionChip chip must be worn on the shoe
    - d. The temporary chip from ChampionChip for use in the 10km race is attached to the back of the race number. Do not tamper with or try to remove any part of this chip. Do not bend this chip or the race number.
    - e. Your name is printed on the race number do not mix up numbers.
    - f. Race numbers are not transferable. In the event that you are unable to run on race day, you may not pass your number to any other runner.
  3. **Registration:**
    - a. Entrants will receive an SMS prior to registration with your race number, race distance and registration venue. Bring your ID document and your championChip to the registration venue to collect your race number.
    - b. If you are asking someone else to collect the race number you need to give them a letter of permission and a signed copy of your ID Document.
    - c. Race numbers can **ONLY** be collected from the registration venue identified in your SMS, and entry form.
    - d. If you have bought a new ChampionChip it will be provided at the time of registration
    - e. **NOTE:** there are no new entries taken at the registrations
    - f. Runners should collect their Mandela Day Marathon T shirts and Goodie Bag
    - g. **Durban Registration:** will be held on Thursday 27 August at Sun Coast Casino. From 10:00am to 19:00am
    - h. **Pietermaritzburg Registration:** will be held at the Golden Horse Casino on Friday 28 August from 10:00 to 19:00 and Saturday 29 August 10:00 to 17:00
  4. **Team Competition:** There is no Team competition in any of the 2014 Mandela day Marathon road races
  5. **Advertising rules:**
    - a. Athletes must comply with IAAF and ASA advertising rules

## 6. Transport, Parking and Shuttle Buses

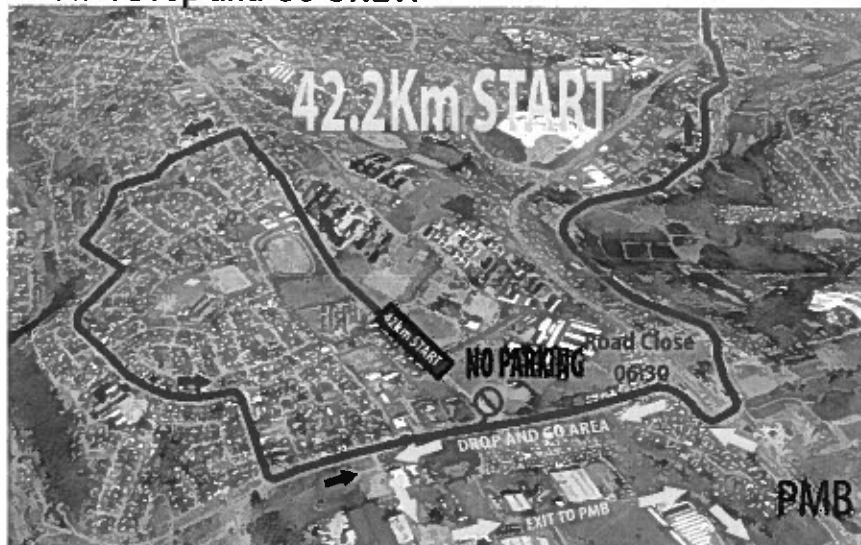
- a. All runners are encouraged to use a drop and go system at the relevant start, with their family or supporter driving through to park at the finish.
- b. There will be three official parking areas.
  - i. Harry Gwala Stadium
  - ii. 10Km Start at the Howick Sports Grounds
  - iii. The Finish venue
- c. **10km Start:**
- d. The parking area at Howick Stadium is accessible by turning off Main Road (R103) into Starlight Road, then right into Riverview Road and through the rear gate to park on the soccer pitch.
- e. All Cars using this parking must be in place by 06:00am. The 10km race starts at 06:30am.
- f. **21.1km and 42km Start :**
- g. There is NO parking at the 21km or 42km starts. Shuttle busses or Drop and Go only

## 7. Shuttle Buses for all races:



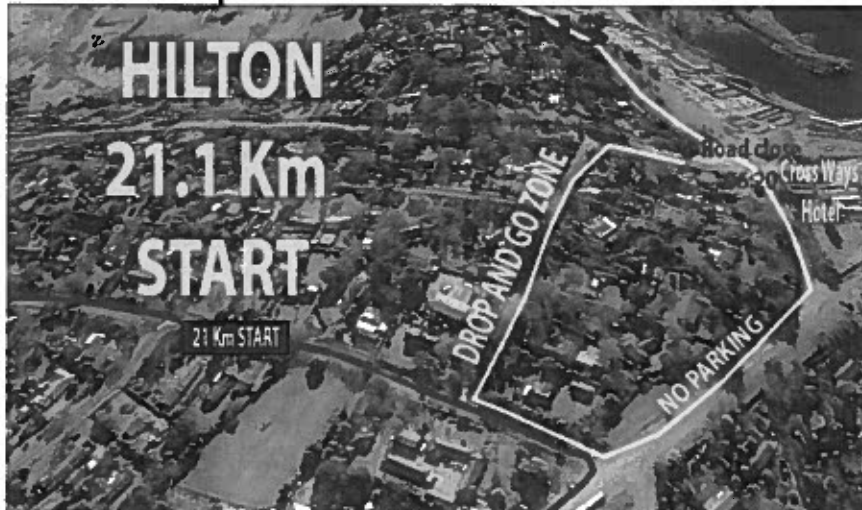
- a. Cars can be parked next to Harry Gwala Stadium off Alexander Road in Pietermaritzburg. Runners will then be shuttled to the three starts (10k, 21.1k, 42.2km) by shuttle bus.
- b. The last bus to each start will be at 05:30. Latecomers will miss their race.
- c. Parking guards will be positioned to assist at venues
- d. **NOTE: 2015 will introduce a full shuttle system from the finish to all the start venues. Runners are encouraged to use this parking area as your vehicle will be safe and available when you complete the race.**

8. 42km Start Drop and Go ONLY:



- a. The access is from the Moses Mabhida Highway into Archie Gumede Drive and then into Wigford Road where runners are dropped. The exit is by Sutherland Drive back to Moses Mabhida drive.
- b. The race commences at 07:00am.

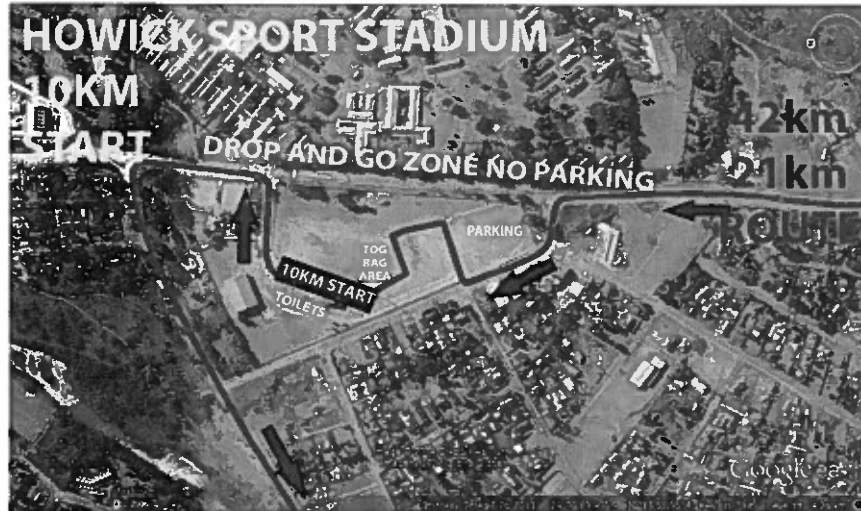
9. 21.1km Start- Drop and Go:



- a. The access will be by Hilton Avenue, turning Right into Hillary Road and then Primula Road where runners will be dropped and walk to the start. Cars will then continue to Cedara road and be forced to turn right and then left to return to Hilton Avenue and the N3 highway.
- b. 21.1km starts at 06:45

**10. 10km Drop and Go:**

- a. All drop and Go for the 10km start will be outside the main gate to the Howick stadium in Main Road the R103.



**11. Post Race Shuttle Bus:**

- a. There will be shuttle buses from the finish of the race (Mandela Capture site) to the Howick Stadium, Pietermaritzburg Central and Harry Gwala Stadium commencing at 09:30 am.

**12. Parking at finish (capture site)**

- a. NOTE: The R103 will be closed at 06:00 to traffic and there will be no access to the R103 route from either the Midmar Dam, Howick South or Tweedie, Howick North turn offs.



- b. Alternative Route to Finish: To reach the finish-parking take the N3 off-ramp into Howick North turn towards Howick. At the first set of traffic lights (5<sup>th</sup> turn left not including the N3 junction) turn left into Currie Post Road.

Continue to the fourth junction on the left. Turn left and then follow this road through to the parking, which is directly adjacent to the Nelson Mandela Capture Site. The whole route will be sign posted from the N3 through to the parking area



**13. Race Start Time:**

- a. **NOTE:** All runners should be at the start 15 minutes before the race commences
- b. The 10km race starts promptly at 06:30am
- c. The 21.1km race starts promptly at 06:45 am
- d. The 42.2km race starts promptly at 07:00am

**14. Tog Bags –**

- a. A Tog Bag collection point is provided at the entrance to the start venue.
- b. The tog bag area at the starts will close 10 minutes prior to the start time.
- c. The bags will be transported to the finish and will be available for collection as runners exit the runner's area at the end of the finish lanes.
- d. The race organizers do not accept responsibility for the safety of items left in the tog bags.
- e. Runners must provide their own bags
- f. Please do not leave valuables in the bags and if you have to leave a cell phone please make sure it is switched off.

**15. Seconding**

- a. There is no traveling along the race route by any vehicle, motorbike or bicycle.
- b. Runners receiving assistance from any vehicle travelling on the route will be open to disqualification.
- c. Two places have been identified where seconds and family may be able to have access to the runners.

- i. The Dennis Shepstone / Hillary Road junction which is just before the half way mark.
- ii. The Peels Honey area at Merrivale North using the Underberg turn off from the N3. Parking must be off the road, and vehicles must return to the N3 to go to the finish.
- iii. **NOTE:** Seconding that is not in accordance with these rules, or in the opinion of the referee or safety officers, impact on safety can lead to disqualification.

**16. Sweep vehicle and Time Limits & Cut offs**

- a. A Sweep vehicle will be provided behind the last runner of the 42km and 21km events.
- b. Runners must reach the following cut off points in order to proceed to the finish:
  - i. Mtolo Butchery 15km 09 : 10
  - ii. Halfway 10 : 30
  - iii. Rotunda Entrance (Cedara Road) 11 : 00
  - iv. Merrivale off ramp 11 : 30
  - v. Howick Stadium 32.2km 12 : 00
  - vi. Finish 13 : 00

**17. Hot spots**

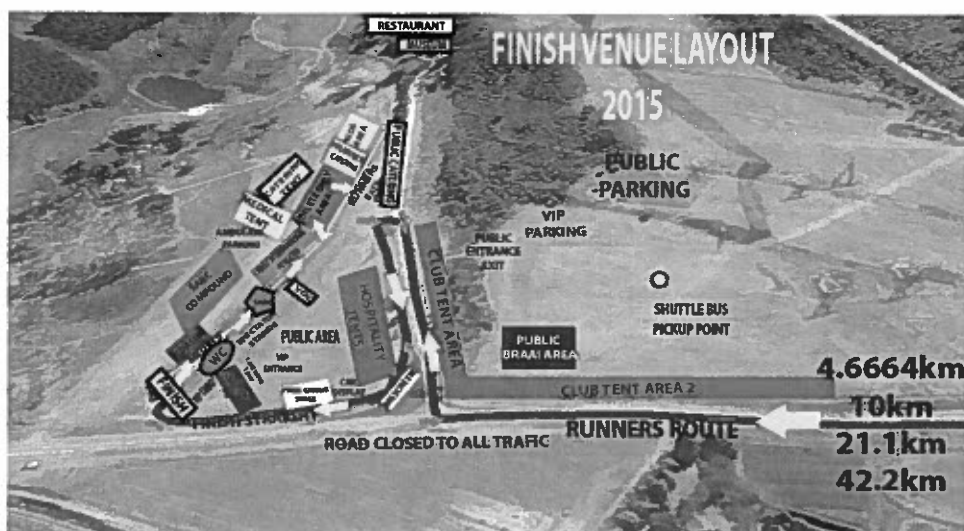
- a. There are three Hot Spot awards in the 42km marathon for the first man and women to pass through the following points and to complete the race in under 5 hours.
  - i. Mtolo Butchery R 8 000
  - ii. Half Way in Hillary Road Hilton R10 000
  - iii. Howick Stadium R15 000

**18. First South African:** There is an award of R10000 for the first South African man and woman to complete the 42km marathon race. A South African is defined as any runner who has a South African ID number. The winner must be able to provide his / her passport or ID to the Runners Information Centre in order to be eligible for the award.

**19. First KZN Athlete:** There is an award of R10000 for the first man and Woman from KZN to complete the 42km marathon race. A Kwa Zulu Natal Athlete is defined as any runner who is domiciled in the province of Kwa Zulu Natal, is licensed with KZN Athletics, and will include any athlete who is domiciled in KZN province but may be Licensed with another athletics province and appear on the ASA National Athlete list. The winner must be able to provide relevant documentation to the Runners Information Centre in order to be eligible for the award.



20. **Fastest Course Time:** Should either the first man or woman beat the fastest previous Mandela Day Marathon winning time they will be eligible for a R50000 incentive. The best times previously recorded are:
- Men: Thobani Chagwe 2:27:12 (2014)
  - Women: Irvete Van Zyl 3:47:15 (2014)
21. **Finish at Mandela Sculpture:** All events will finish at the unique Nelson Mandela Sculpture. This is however quite a restricted width and runners are asked to ensure they finish on the correct side of the Sculpture:
- 42km and 10km races will finish by going behind the sculpture and then finishing on the north side.
  - 21km and the VIP 4.6664km events will finish by running the nearest side of the sculpture east or south side.
22. **Toilets on Route:** For your convenience there will be at least one toilet at each of the 14 refreshment stations. Additional toilets will be placed at the Half way (21.1k) and Howick Stadium (10k to go).
23. **Refreshment tables:** There will be 16 refreshment tables placed along the route at approximately 2.5km to 3km intervals. These will be stocked with Coke, water, and energy drinks
24. **Food:** Food will be provided along the route at Mtolo Butchery (16k), Rotunda (24k), the Sakabula Golf on R103 (30k) and at N3 off ramp to Midmar, (35k). The food will include potatoes, fruit, biscuits and chocolates.
25. **Medical Facilities:**
- There will be ambulances along the route and these will constantly patrol the route.
  - There will be full medical and physiotherapy facilities at the finish at the capture site.
26. **Finish Facilities:** The following facilities will be provided at the finish:



- a. For the runner – Medical tent, Physiotherapy, Tog Bag return, food, hydration, and a rest and recovery area. This will be restricted to runners only prior to returning to the public area:
  - b. In the public area there will be food and drink vendors, the Information Centre, Spectator stands, Prize Giving podiums in runners area – then out into public area
  - c. A supervised Children's area will be provided at the finish from 05:00 through 15:00. This area will close sharp at 15:00 so we request that all children are collected by 14:45
27. **Race Photographers:** Jetline Action Photo will be photographers who will take a series of photographs along the route, at the finish and in the post finish area for runners. These will be available for purchase after the race.
- a. The finish area is particularly restricted in size and runners will not be allowed to stop at the finish for photographs, nor will family or friends be allowed to accompany runners over the finish line.
  - b. Runners may not collect or be accompanied by children, dogs, or family members who have not been officially entered in the race as they approach the finish line.
  - c. SABC 2 will be covering the race live on race day from 06:15 am.
28. **Prize giving:**
- a. The official prize giving will be televised live and is planned for 10:30am,
  - b. The awards will be made to the Top three men and women in all three events (10k, 21.1km, 42.2km), the first SA and KZN man and woman in the marathon, and the Hot Spot winners only.
  - c. Athletes receiving prizes at the prize giving are required to be in full club tracksuits that comply fully with the IAAF Advertising Regulations and ASA club kit rules. NOTE: Athletes may NOT wear any headgear at prize giving. Athletes will be given an opportunity to have additional photographs taken after the completion of the official prize giving.
  - d. NOTE: Any relevant trophy, medals and prize money will be presented at the prize giving, but will be held by the race organizer pending the clearance of anti-doping tests.
  - e. Those runners who have earned an award must report to the Information Centre to provide their full personal and banking details, in order for prize money to be transferred into accounts. It will only be acceptable to pay money into a third party account if the athlete provides the organizers with a letter stating that his / her prize money is paid through a third party account.
  - f. Age group runners will be required to provide proof of age. Please ensure this documentation is available on race day.
29. **Protest and Appeals:**
- a. Any and all protests on the official results, or other competition infringements, must be submitted in terms of IAAF rule 146 and ASA rule 14.

- b. To allow the organizers to check the results of all runners, and to protect the credibility of the Mandela Day Marathon, runners may be contacted up to 15 days after race date and will be given a further 7 days to respond to allegations of rule or race infringements

**30. Results:**

- a. The full race results will be published in the witness on Monday 31 August  
The race results will be available live on the race web site on race day [www.mandelamarathon.com](http://www.mandelamarathon.com). The public will also be able to track the progress of a runner by downloading the Ultimate Live app to their iPhones or any Android phone and searching for the runner by race number or name.